

## Readings for next weekend — The Most Holy Body and Blood of Christ

1st reading: Deuteronomy 8:2-3, 14-16; 2nd reading: 1 Corinthians 10:16-17; Gospel: John 6:51-58

### The Blessed Trinity:

All over the world this weekend, homilists will try to explain with varying degrees of success, the Church's teaching (dogma) of the Blessed Trinity. Something that might be missing is an answer to the question: What does this *mean to us*? And if we believe ourselves to be made in the image of God, there can be no question that the trinitarian nature of God does say something vitally important about *us*.

The dogma of the Blessed Trinity tells us that God's own self *is* community. And the life of the Trinity is not a solitary, individual existence, but a relational one. God's very self is one of sharing mutuality, and interdependence.

For ourselves this can be a hard teaching, if taken seriously. It is no less challenging or countercultural than anything we have to say about the Real Presence of Christ in the Eucharist. We live in a culture that extols individualism. It prizes competition and tells us to seek first our own good over the good of others. This is the cultural air we breathe.

But if Trinity is the God in whose image we have been made, then our call to live in society must be marked by sharing, mutuality, and interdependence. I cannot live by myself for myself; today's solemnity tells me that trying to live that way is like trying to use a hammer to scrub dirty dishes or a toaster to fry an egg – it's just not the way these things are 'built' to work. Nor is an isolated, individualistic life the way I am 'built' to live.

— Fr Gerard O'Dempsey OFM Cap

### Parish & Diocesan News continued

#### Retreats at Mary MacKillop Spirituality Centre, Baulkham Hills

**Let's Plant Seeds of Hope and Peace.** In a world that can feel fragile and weary, this six-day contemplative retreat offers a gentle invitation to pause, pray and listen. Facilitated by Sr Ann Morrison RSJ, the retreat creates space for stillness, renewal and deeper connection with God, self, others and the earth. Inspired by Laudato Si' and Laudate Deum. Scan the QR code for registration details.



#### Safeguarding Face-to-face Training Opportunities for June 2026

There are several face-to-face Safeguarding Training opportunities available throughout May at several parishes. Please register directly for this training or for other convenient dates and locations by clicking on the training event at:

<https://parracatholic.org/connect/events/?series=safeguarding-training>.

For more information, please email: [safeguardingtraining@parracatholic.org](mailto:safeguardingtraining@parracatholic.org)

#### How to Support Our Parish Family Financially

If you would like to become an envelope subscriber please contact the parish office. We would also invite you to consider your level of giving. For people wishing to contribute by direct debit – forms are available from the parish office. You can also setup your own internet banking recurring payments to the following account:

**BSB: 067 950 Account Number: 00000495**

**Account Name: Plumpton Catholic Parish Church**

- Tap & go machines are available for people to use. These are in the Church.
- Those who wish to donate to the Capuchin Friars (Priests), please make the recurring payments to the following account:

**BSB: 062-410 Account Number: 10136478**

**Account name: Capuchin Franciscan Friars**



Phone: 02 9832 4461

After hours emergency #: 0493 969 440

Email: [parishof@goodshepherd.org.au](mailto:parishof@goodshepherd.org.au)



The Good Shepherd Parish Plumpton

Or visit our website:

[www.goodshepherd.org.au](http://www.goodshepherd.org.au)

#### New Parish Projects—Meeting room and

Additional Toilets 29/05/2026

Donations \$31,896.00

Raffle tickets \$12,104.00

Legacy Donation \$57,000.00

Total Amount \$101,000.00

Revised Target Amount \$100,000.00

# THE PARISH OF THE GOOD SHEPHERD

130-136 Hyatts Road, Plumpton NSW 2761  
*Celebrating Our 37th Anniversary*

#### Parish Vision:

*a place where all people are welcomed...  
a place where the gifts of the Holy Spirit are put to use...  
a place where people are empowered to live the good news of Jesus.*

#### Weddings

Please call the Parish office for appointment. Arrangements should be made at least 12 months in advance.

#### Holy Communion for the Sick

Please call the parish office for date and time.

#### Anointing of the Sick

Please call the parish office to book a time and date.

#### Baptisms

Parents and godparents must attend a Pre-Baptism Seminar prior to scheduling the Baptism. The seminar is offered once a month on the 4th Sunday at 2:00 pm in the Parish meeting room.

Please collect registration form from the Parish office. Baptism dates will be booked after attending the seminar.

#### The Most Holy Trinity (Year A)

31 May 2026

1st Reading: Exodus 34:4-6, 8-9

2nd Reading: 2 Corinthians 13:11-13

Gospel Reading: John 3:16-18

#### Entrance Antiphon:

*Blest be God the Father,  
and the Only Begotten Son of God,  
and also the Holy Spirit,  
for he has shown us his merciful love.*

#### Responsorial Psalm:

*You are blest, Lord God of our fathers.*

#### GOSPEL Acclamation:

*Alleluia, alleluia!  
Glory to the Father, the Son, and the Holy Spirit:  
to God who is, who was, and who is to come.  
Alleluia!*

#### Communion Antiphon:

*Since you are children of God,  
God has sent into your hearts the Spirit of his Son,  
the Spirit who cries out: Abba, Father.*

#### Acknowledgement

We show our respect and acknowledge the Traditional Custodians of the Darug Country, Elders past, present and emerging, and extend that respect to all other Aboriginal and Torres Strait Islander People.

**Parish Team:**

<b>Parish Priest</b>	<b>Fr Gerard O’Dempsey OFM Cap</b>
<b>Assistant Parish Priest</b>	<b>Fr John Nguyen OFM Cap</b>
<b>Business Manager</b>	<b>Mr Owens Reyes</b>
<b>Parish Musical Director</b>	<b>Mr Jacob Wielgosz</b>
<b>Parish Social Media Officer</b>	<b>Miss Catrina Bautista</b>
<b>Parish Council Chairperson</b>	<b>Mr Anthony Matthews</b>
<b>RCIA Co-ordinators</b>	<b>Mr Bernie Banta &amp; Mrs Yeng Banta</b>
<b>Sacramental Co-ordinator</b>	<b>Mrs Priscilla Corpuz</b>
<b>Parish SRE Co-ordinator</b>	<b>Ms Therese Fuller</b>
<b>Finance &amp; Bingo Operator</b>	<b>Mr Romy Balite</b>
<b>Safeguarding Champion</b>	<b>Mr Joseph Fenech</b>

**Daily MASS Times**

Mon/Tue/Fri 9:00 am  
 Wednesday 9:00 am & 7:30 pm  
 Thursday 9:00 am & **7:00 pm (Vietnamese)**  
 First Friday 7:30 pm (with Adoration)  
 Saturday 8:00 am

**Weekend MASS Times**

Saturday Vigil 6:00 pm  
 Sunday 7:00 am, 9:00 am & 6:00 pm  
 12:00 pm **(Vietnamese)**

**Spanish Mass** Every 2nd Saturday of each month 7:30 pm

**Reconciliation (Confession)**

**Saturday 10:30 to 11:30 am**  
 Kindly ring Parish Office to book for other times during the week.

**Baptism Seminar**

The next seminar will be held on the **28th of June 2026 at 2:00 pm** in the **Parish meeting room**. Please bring a copy of your child’s **birth certificate**.

**Congratulations for last Weekends’ Baptism**

Mason James Kaye-Smith

**HOLY FATHER’S PRAYER INTENTION for MAY**

That everyone might have food.  
 Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food, and to ensure that everyone has access to quality food.

**Parish Based Youth Group – Antioch**

Young people are empowered & nourished in their spiritual Journey and leadership. We have a youth group meeting every Sunday at 7:30 pm. We invite the youth for “Come and See” experience.

**Please remember those for whom prayers have been requested**

**Death Anniversaries / In Memoriam:** Anna, Atreyu, Joseph, Mina, Oliva Burney, Melvin Corpuz, Gil Cuenca, Enriqueta Pasaporte De Leon, Kumarika Misso, Aida & Tony Sadsad, Giu Se, Susana Suasin, Daphine Sutherland, Jenny Villaroza, Maurice Samuel Wilkes and all the holy souls in purgatory

**Healing / Good Health:** Allan Joseph Aquino, Odette Assey, Lizbeth Bell, Armida Boncato, Betty Callaghan, Mila Dadat, Sophia Escueta, Ludy Garcia, Elisa & Lawrence Lambo, Vanessa & Lloyd Lambo, Marie & Xander Lambo, Peter Nathan, Maria Perez, Peter Politoni and Benedict Recto

**Anniversary / Birthday / Thanksgiving:** Ezekiel, Sr Rita, T Fernandes and Taina Taateo

**We also remember in our prayers our housebound brothers & sisters**

Mary, Russell, Yvonne, Belenor & Julian AGUILAR, John ANGEL, Mafalda ARACO, Raylina AURE, Christine BAPTISTE, Doris & John BARRETT, Margaret BIEDRZYCKA, Jacqueline CAMERON, Conception CAPIENDO, Anthony CARRUNA, Frances CARUANA, George CASSAR, Gwen & Robert CHAMBERS, Rita CLEARY, Clare DONOHOE, Matthew DORRAN, Paul DWYER, Mario FARRUGIA, Wayne & Audrey FERNANDEZ, Jean-Marie & Marie-Claude FREDERIC, Fololetina FRETTON, Louise GRECH, Alamita HALA, Eden & Ninoy JUCO, John KNIGHT, Maureen KNIGHT, Nabil LABBAD, Malia LAVALU, Lima LEO, Francis LLOYD GOULD, Gwenda McCARTHY, Rita & Victor MELI, Teresa MESSIANA, Anne MILLER, Kathleen MORRISSEY, Deidre MURRAY, Mary MUSCAT, Elsie NONEY, Pamela PEARSON, Marie PURCELL, Melecia REA, Gloria ROBERTS, Lilly SHAHOUD, Mary SIMMONS, Marian STEWART, Vivienne STEWART, Lynette STITT, Anthony & Natalina TEUMA, Raymond TOGHILL, Margaret TSENG, John VAIFALE, Sesilia VAVE, Augustina VELLA, Russell & Mary WICKRAMASINGHE, Joan WREN, Espedito & Kitty ZAMMIT

**Parish & Diocesan News**

**PARISH-IN-COUNCIL**

Being a Parish-in-Council is a powerful way for the synodal model to become real at the local level. Parish-in-Councils seek to gather a parish’s community close, getting to know each other better, listening to every voice, and together discerning where God is calling the parish to go and what he might be calling the parish to do, to live out its mission.

It is important to be clear about what a Parish-in-Council is and what it is not. First of all, a Parish-in-Council is not:

- A town hall meeting or information session.
- A forum for parish operational matters.
- A debate or ‘talk fest’.
- A brainstorming session.

Instead, it is a space where the parish gathers to listen together. Not just to one another, but to listen together for where God (The Holy Spirit) may be leading our community.

Parish-in-Council is also for everyone – all ages, all backgrounds, whether someone is new to the parish or to the Catholic faith or has been here since birth, and whether they live nearby or travel from afar – anyone who participates in the life of the parish is invited – not just the few.

Each Parish-in-Council has a carefully considered theme, which is only ever parish mission focused. And through the exploration of each theme, participants are invited to discern how they individually, and together as a parish, might more fully live out its God given mission.

Our First Parish-in-Council will be held on **Saturday 27<sup>th</sup> June from 12noon to 5pm at St. Francis school**, Stone Street, Glendenning. Registration is important as we need to prepare lunch for everyone. There is no cost involved (apart from your time!)

**First Holy Communions**

Over the next few weeks, at our weekend Masses, a number of children from our parish will be making their First Holy Communions at the various parish Masses. Please keep them and their families in your prayers.

**Alpha at the Good Shepherd Parish**

Due to the overwhelming demand – we will be running another Alpha later this year – stay tuned for details!

**Clapping at the end of Mass**

It has been raised by a number of people if we could **end** this practice. The Liturgy, especially the music, is not entertainment – it is praise and worship of God, musicians and choir members do not expect adulation for their service... better to direct your thanks to God the creator of all good gifts.

**Corpus Christi Procession: 04 June**

The Diocese of Parramatta and the Maronite Eparchy have joined up to host a Eucharistic Procession through the streets of Parramatta on Thursday 4th June. The procession will begin after the 6:00pm Mass at Our Lady of Lebanon, Harris Park and wind its way through Parramatta to Saint Patrick’s Cathedral where a period of silent adoration before the Eucharistic Lord will take place in the forecourt. We would encourage the faithful to bring parish/community banners and flags as a show of solidarity and faith.

**Bishop’s Good Works Appeal**

**This weekend, 30th & 31st May**, our parish is proud to support the Bishop’s Good Works Appeal. Each day across our Diocese, people turn to the Church for care, hope, guidance and belonging. This weekend’s Appeal will support Holy Spirit Seminary at Harris Park, helping form the future priests our Diocese will need in the years ahead. Your tax-deductible gift helps provide the education, spiritual formation, pastoral training and safe accommodation our seminarians need as they answer God’s call. With your support, they can continue preparing to serve our parishes with faith, compassion and hope. Please take an **envelope** from the pews, scan the **QR code**, or visit [parracatholic.org/appeal](http://parracatholic.org/appeal) to donate. Thank you for supporting the future priests of our Church.

