

## Readings for next weekend — Eleventh Sunday in Ordinary Time

**First reading:** Exodus 19:2-6; **Second reading:** Romans 5:6-11; **Gospel:** Matthew 9:36 - 10:8

### Corpus Christi:

Something that is often missed is that the celebration of the Eucharist has the power to forgive sins. An unfortunate practice grew up in the 20<sup>th</sup> century whereby Catholics felt they could not go to Communion *unless* they had first been to Reconciliation. This is clearly at odds with orthodox Catholic teaching.

The only people among the baptized who should *not* go to Communion are those guilty of something really wicked (mortal) and those who are perfect. The rest of us should go to Communion, not because we are free of sin but precisely because we are not. It is our desire for the life on offer in this Sacrament, not our perfection, that God desires.

When we say “Amen!” on receiving Communion, we are saying “yes!” to the unmerited and unconditional love of God in expectation of the fruits of that love – especially the reconciliation that we all need all the time.

“Now all things are of God, who has reconciled us to himself through Jesus Christ, and has given us the ministry of reconciliation, that is, that God was in Christ reconciling the world to himself...and has committed to us the work of reconciliation. (2 Corinthians 5:18-19). In the Sacrament of Reconciliation we celebrate this gift in Jesus Christ. And both sacraments – Eucharist and Reconciliation – can heal our brokenness because they are encounters with the infinite mercy of God.

St. Cyril of Jerusalem (313-386 AD) writes: *“When you approach, do not go stretching out your open hands or having you fingers spread out, but make the left hand into a throne for the right which shall receive the King, and then cup your hand and take the Body of Christ, reciting the Amen. Then sanctify with all care your eyes by touching the Sacred Body, and receive it.”*

From St. Cyril of Jerusalem, Mystagogical Catechesis V.21, cited by Joseph A. Jungmann SJ, The Mass of the Roman Rite (Volume two), New York: Benziger Brothers Inc, 1955, p378.

— Fr Gerard O’Dempsey OFM Cap

## Parish & Diocesan News continued

### Retreats at Mary MacKillop Spirituality Centre, Baulkham Hills: 21-28 June

**Let’s Plant Seeds of Hope and Peace.** In a world that can feel fragile and weary, this six-day contemplative retreat offers a gentle invitation to pause, pray and listen. Facilitated by Sr Ann Morrison RSJ, the retreat creates space for stillness, renewal and deeper connection with God, self, others and the earth. Inspired by Laudato Si’ and Laudate Deum. Scan the QR code for registration details.



### How to Support Our Parish Family Financially

If you would like to become an envelope subscriber please contact the parish office. We would also invite you to consider your level of giving. For people wishing to contribute by direct debit – forms are available from the parish office. You can also setup your own internet banking recurring payments to the following account:

**BSB: 067 950 Account Number: 00000495**

**Account Name: Plumpton Catholic Parish Church**

- Tap & go machines are available for people to use. These are in the Church.
- Those who wish to donate to the Capuchin Friars (Priests), please make the recurring payments to the following account:

**BSB: 062-410 Account Number: 10136478**

**Account name: Capuchin Franciscan Friars**



Phone: 02 9832 4461

After hours emergency #: 0493 969 440

Email: parishof@goodshepherd.org.au



The Good Shepherd Parish Plumpton

Or visit our website:

[www.goodshepherd.org.au](http://www.goodshepherd.org.au)

### New Parish Projects—Meeting room and

Additional Toilets 05/06/2026

Donations \$31,896.00

Raffle tickets \$12,104.00

Legacy Donation \$57,000.00

Total Amount \$101,000.00

Revised Target Amount \$100,000.00

# THE PARISH OF THE GOOD SHEPHERD

130-136 Hyatts Road, Plumpton NSW 2761  
*Celebrating Our 37th Anniversary*

### Parish Vision:

*a place where all people are welcomed...  
a place where the gifts of the Holy Spirit are put to use...  
a place where people are empowered to live the good news of Jesus.*

### Weddings

Please call the Parish office for appointment. Arrangements should be made at least 12 months in advance.

### Holy Communion for the Sick

Please call the parish office for date and time.

### Anointing of the Sick

Please call the parish office to book a time and date.

### Baptisms

Parents and godparents must attend a Pre-Baptism Seminar prior to scheduling the Baptism. The seminar is offered once a month on the 4th Sunday at 2:00 pm in the Parish meeting room.

Please collect registration form from the Parish office. Baptism dates will be booked after attending the seminar.

## The Most Holy Body and Blood of Christ (Year A)

07 June 2026

**1st Reading:** Deuteronomy 8:2-3, 14-16

**2nd Reading:** 1 Corinthians 10:16-17

**Gospel Reading:** John 6:51-58

**Responsorial Psalm:** Praise the Lord, Jerusalem.

**GOSPEL Acclamation:** Alleluia, alleluia!  
*I am the living bread from heaven, says the Lord;  
whoever eats this bread will live for ever.  
Alleluia!*

### Acknowledgement

We show our respect and acknowledge the Traditional Custodians of the Darug Country, Elders past, present and emerging, and extend that respect to all other Aboriginal and Torres Strait Islander People.

**Parish Team:**

<b>Parish Priest</b>	<b>Fr Gerard O’Dempsey OFM Cap</b>
<b>Assistant Parish Priest</b>	<b>Fr John Nguyen OFM Cap</b>
<b>Business Manager</b>	<b>Mr Owens Reyes</b>
<b>Parish Musical Director</b>	<b>Mr Jacob Wielgosz</b>
<b>Parish Social Media Officer</b>	<b>Miss Catrina Bautista</b>
<b>Parish Council Chairperson</b>	<b>Mr Anthony Matthews</b>
<b>RCIA Co-ordinators</b>	<b>Mr Bernie Banta &amp; Mrs Yeng Banta</b>
<b>Sacramental Co-ordinator</b>	<b>Mrs Priscilla Corpuz</b>
<b>Parish SRE Co-ordinator</b>	<b>Ms Therese Fuller</b>
<b>Finance &amp; Bingo Operator</b>	<b>Mr Romy Balite</b>
<b>Safeguarding Champion</b>	<b>Mr Joseph Fenech</b>

**Daily MASS Times**

Mon/Tue/Fri 9:00 am  
 Wednesday 9:00 am & 7:30 pm  
 Thursday 9:00 am & **7:00 pm (Vietnamese)**  
 First Friday 7:30 pm (with Adoration)  
 Saturday 8:00 am

**Weekend MASS Times**

Saturday Vigil 6:00 pm  
 Sunday 7:00 am, 9:00 am & 6:00 pm  
 12:00 pm **(Vietnamese)**

**Spanish Mass** Every 2nd Saturday of each month 7:30 pm

**Reconciliation (Confession)**

**Saturday 10:30 to 11:30 am**  
 Kindly ring Parish Office to book for other times during the week.

**Baptism Seminar**

The next seminar will be held on the **28th of June 2026 at 2:00 pm** in the **Parish meeting room**. Please bring a copy of your child’s **birth certificate**.

**Congratulations for last Weekends’ Baptism**

Azriel Andreu Guerrero

**HOLY FATHER’S PRAYER INTENTION for JUNE**

For the values of sports.  
 Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.

**Parish Based Youth Group – Antioch**

Young people are empowered & nourished in their spiritual Journey and leadership. We have a youth group meeting every Sunday at 7:30 pm. We invite the youth for “Come and See” experience.

**Please remember those for whom prayers have been requested**

**Death Anniversaries / In Memoriam:** Emanuel, Giuse, Marceline & Stellio Ah-Kow, Daniel Allegacoon, Concepcion Barcelon, Oliva Burney, Perfecto Dela Cruz, Reynald Fortunado, Louisa Haliburn, Asuncion Halili, Norman Joseph, Rodolfo Lobo, Aurea Martin, Anthony Mavisa, George Oo, Cyril & Myra Silva, Idea Taily, Rita Taylor and all the holy souls in purgatory

**Healing / Good Health:** Lizbeth Bell, Armida Boncato, Mila Dadat, Sophia Escueta, Elisa & Lawrence Lambo, Vanessa & Lloyd Lambo, Marie & Xander Lambo, Jaime Mascarenas, Kelly & Samuel Mavisa, Neil Mercado, Peter Nathan, Maria Perez and Soledad Swift

**Anniversary / Birthday / Thanksgiving:** Tess Fernandes

**We also remember in our prayers our housebound brothers & sisters**

Mary, Russell, Yvonne, Belenor & Julian AGUILAR, John ANGEL, Mafalda ARACO, Raylina AURE, Christine BAPTISTE, Doris & John BARRETT, Margaret BIEDRZYCKA, Jacqueline CAMERON, Conception CAPIENDO, Anthony CARRUNA, Frances CARUANA, George CASSAR, Gwen & Robert CHAMBERS, Rita CLEARY, Clare DONOHOE, Matthew DORRAN, Paul DWYER, Mario FARRUGIA, Wayne & Audrey FERNANDEZ, Jean-Marie & Marie-Claude FREDERIC, Fololetina FRETTON, Louise GRECH, Alamita HALA, Eden & Ninoy JUCO, John KNIGHT, Maureen KNIGHT, Nabil LABBAD, Malia LAVALU, Lima LEO, Francis LLOYD GOULD, Gwenda McCARTHY, Rita & Victor MELI, Teresa MESSIANA, Anne MILLER, Kathleen MORRISSEY, Deidre MURRAY, Mary MUSCAT, Elsie NONEY, Pamela PEARSON, Marie PURCELL, Melecia REA, Gloria ROBERTS, Lilly SHAHOUD, Mary SIMMONS, Marian STEWART, Vivienne STEWART, Lynette STITT, Anthony & Natalina TEUMA, Raymond TOGHILL, Margaret TSENG, John VAIFALE, Sesilia VAVE, Augustina VELLA, Russell & Mary WICKRAMASINGHE, Joan WREN, Espedito & Kitty ZAMMIT

**Parish & Diocesan News**

**PARISH-IN-COUNCIL**

Being a Parish-in-Council is a powerful way for the synodal model to become real at the local level. Parish-in-Councils seek to gather a parish’s community close, getting to know each other better, listening to every voice, and together discerning where God is calling the parish to go and what he might be calling the parish to do, to live out its mission.

It is important to be clear about what a Parish-in-Council is and what it is not.

First of all, a Parish-in-Council is not:

- A town hall meeting or information session.
- A forum for parish operational matters.
- A debate or ‘talk fest’.
- A brainstorming session.

Instead, it is a space where the parish gathers to listen together. Not just to one another, but to listen together for where God (The Holy Spirit) may be leading our community.

Parish-in-Council is also for everyone – all ages, all backgrounds, whether someone is new to the parish or to the Catholic faith or has been here since birth, and whether they live nearby or travel from afar – anyone who participates in the life of the parish is invited – not just the few.

Each Parish-in-Council has a carefully considered theme, which is only ever parish mission focused. And through the exploration of each theme, participants are invited to discern how they individually, and together as a parish, might more fully live out its God given mission.

Our First Parish-in-Council will be held on **Saturday 27<sup>th</sup> June from 12noon to 5pm at St. Francis school**, Stone Street, Glendenning. Registration is important as we need to prepare lunch for everyone. There is no cost involved (apart from your time!)



**First Holy Communions**

Over the next few weeks, at our weekend Masses, a number of children from our parish will be making their First Holy Communions at the various parish Masses. Please keep them and their families in your prayers.

**Bishop’s Good Works Appeal**

**Thank you** for your kind-hearted generosity and support. Your donations through the Bishop’s Good Works Appeal will support the Holy Spirit Seminary at Harris Park and help form the future priests our Diocese will need in the years ahead. Your tax-deductible gift helps provide the education, spiritual formation, pastoral training and safe accommodation our seminarians need as they continue answering God’s call. With your support, they are being formed to one day serve our parishes with faith, compassion and hope. For those who haven’t had a chance to donate, please scan the **QR code**, or visit [parracatholic.org/appeal](http://parracatholic.org/appeal). Please continue to pray for our seminarians and all Diocesan ministries supported through this Appeal. Thank you.



**Safeguarding Face-to-face Training Opportunities for June 2026**

There are several face-to-face Safeguarding Training opportunities available throughout June at several parishes. Please register directly for this training or for other convenient dates and locations by clicking on the training event at:

<https://parracatholic.org/connect/events/?series=safeguarding-training>

For more information, please email: [safeguardingtraining@parracatholic.org](mailto:safeguardingtraining@parracatholic.org)

**Coming Event:**

- Parish-in-Council: The QR code is now available around the Church and on Facebook, be sure to reserve your place now! June 27<sup>th</sup> at St. Francis Primary School, Glendenning.
- Tuesday June 9<sup>th</sup>: Pastoral Planning meeting 7.30pm Meeting Room
- Tuesday June 16<sup>th</sup>: Finance Committee 7.30pm Office.