

## Franciscan Reflection

St Francis of Assisi secretly retreated to an island in the Lake of Perugia for the forty days and forty nights of Lent. Away from the world, he humbly grew closer to God. In our preparations for Easter, let us creatively and secretly retreat from the secular world – even if momentarily each day – and humble ourselves with prayer, fasting and almsgiving. As we grow closer to God, we also grow further away from worldliness.

- Fr John Nguyen ofmcap

## Parish & Diocesan News continued

### LENT 2024 WITH THE CATHOLIC GUY, BRUCE DOWNES

Lent is a time when we can grow closer to God and prepare our hearts for the true meaning of Easter. Be inspired. Be refreshed. Be renewed! For 40 days you will receive a short, practical and inspiring video in your inbox every morning to help you make this Lenten journey more powerful and prayerful. This program is FREE and you can sign up here: <https://BruceDownes.org/Lent>  
Go to [BruceDownes.org](http://BruceDownes.org) for more information.

### Parish Registration

If you are a new parishioner, we ask you to complete a registration form. If you have not yet filled out a registration form, please do so as soon as possible and return it to the church or parish office. Forms are available at the entrance of the church.

### How to Support Our Parish Family Financially

Parish Envelopes for the new financial year are available for subscribers to collect from the Entrance of the church. If you would like to become an envelope subscriber please contact the parish office. We would also invite you to consider your level of giving. People wishing to contribute by direct debit – forms are available from the parish office. You can setup your own internet banking recurring payment to:

**BSB: 067 950 Account Number: 00000495**

**Account Name: Plumpton Catholic Parish Church**

- Tap & go machines are available for people to use. These are in the Church.
- Those who wish to donate to the Capuchin Friars (Priests), please make the recurring payments to the following account:

**BSB: 062-410 Account Number: 10136478**

**Account name: Capuchin Franciscan Friars**

## INFORMATION

During the weekend Masses – the Commentator will be announcing any weekend Mass intentions/offerings during the notices and introduction to the Mass. Ideally Mass intentions/offerings for the weekend need to be handed in the day before (either to Father or at the parish office during the week)!

Weekday Mass intentions/offerings for the deceased will be mentioned during the Prayer of the Faithful at the weekday Masses and other intentions/offerings will be published in the parish bulletin.



Phone: 02 9832 4461

Email: [parishof@goodshepherd.org.au](mailto:parishof@goodshepherd.org.au)



The Good Shepherd Parish Plumpton

Or visit our website:

[www.goodshepherd.org.au](http://www.goodshepherd.org.au)

### New Parish Projects—Meeting room and Additional Toilets 09/02/2024

Donations	\$21,196.00
Raffle tickets	\$12,104.00
Legacy Donation	\$43,000.00
Total Amount	\$76,300.00
Revised Target Amount	\$100,000.00

# THE PARISH OF THE GOOD SHEPHERD

*Celebrating Our 35th Anniversary*

130-136 Hyatts Road, Plumpton NSW 2761

### Weddings

Please call the Parish office for appointment. Arrangements should be made at least 6 months in advance.

### Holy Communion for the Sick

Please call the parish office for date and time.

### Anointing of the Sick

Please call the parish office to book a time and date.

### Baptisms

Parents and Godparents (2) must attend a Pre-Baptism Seminar prior to scheduling the Baptism. The seminar is offered once a month on the 4th Sunday in the Parish meeting room.

Please collect registration form from the Parish office. Baptism dates will be booked after attending the seminar.

### 6th Sunday in Ordinary Time

11 February 2024

**1st Reading:** Leviticus 13:1-2,44-46

**2nd Reading:** 1 Corinthians 10:31-11:1

**Gospel Reading:** Mark 1:40-45

### Entrance Antiphon:

*Be my protector, O God,  
a mighty stronghold to save me.  
For you are my rock, my stronghold!  
Lead me, guide me, for the sake of your name.*

### Responsorial Psalm:

*I turn to you, Lord, in time of trouble,  
and you fill me with the joy of salvation.*

### GOSPEL Acclamation:

*Alleluia, alleluia!  
A great prophet has appeared among us;  
God has visited his people.  
Alleluia!*

### Communion Antiphon:

*They ate and had their fill,  
and what they craved the Lord gave them;  
they were not disappointed in what they craved.*

### Acknowledgement

We show our respect and acknowledge the Traditional Custodians of the Darug Country, Elders past, present and emerging, and extend that respect to all other Aboriginal and Torres Strait Islander People.

**Parish Team:**

**Parish Priest** Fr Gerard O’Dempsey OFM Cap  
**Assistant Parish Priest** Fr John Nguyen OFM Cap  
**Business Manager** Mr Owens Reyes  
**Parish Musical Director** Mr Jacob Wielgosz  
**Parish Council Chairperson** Mr Anthony Matthews  
**RCIA Co-ordinator** Mr & Mrs Bernie & Yeng Banta  
**Sacramental Co-ordinator** Mrs Priscilla Corpuz  
**Parish (SRE) Co-ordinator** Ms Therese Fuller  
**Finance & Bingo Operator** Mr Romy Balite  
**Safeguarding Champion** Mr Joseph Fenech

**Daily MASS Times**

Mon/Tues/Thur/Fri 9:00 am  
 Wed 7:30 pm Sat 8:00 am  
 Thur 7:00 pm **(Vietnamese)**

**Weekend MASS Times**

Saturday Vigil 6:00 pm  
 Sun 7:00 am/ 9:00 am & 6:00 pm  
 12:00 pm **(Vietnamese)**  
**Spanish Mass** Every 2nd Saturday of each month 7:30 pm

**Reconciliation (Confession)**

**Saturday 10:30 to 11:30 am**  
 Kindly ring Parish Office to book for other times during the week.

**Baptism Seminar**

The next seminar will be held on the **25th of February 2024 at 2:00 pm** in the **parish meeting room**. Please bring a copy of your child’s **birth certificate**.

“Allow the light and the healing presence of Christ to shine brightly through your lives. In that way, all those who come in contact with you will discover the loving kindness of God.”  
 — Saint John Paul II

**Sacramental Program for Holy Eucharist**

The Sacramental program for First Holy Communion will resume on 18 February 2024 for those enrolled last November 2023. Venue, time & classroom assignment are the same.

**Parish Based Youth Group – Antioch**

The Sunday youth group meetings will be back on the 18th of February at 7:30 pm.

**Please remember those for whom prayers have been requested**

**Death Anniversaries / In Memoriam:** Salvacion Escandor, John Mark & Luiza Gonsalves, Leopoldo & Yolanda Lazo, Teresita Zaballero Macabuag, Tony McKeown, Emmanuel Rivera Pineda, Teofila Solito and Corsino Zaragoza

**For Good Health:** Antonia Little, Shanida Macabuag, Elizabeth Mitchell, Andrew Nashwan, Divina Patiag, Felicidad Senia and Vincensa Zahra

**Birthdays / Thanksgiving:** Paul Swift & Mary Theuathasaw

**We also remember in our prayers our housebound brothers & sisters**

John ANGEL, Raylina AURE, Doris & John BARRETT, Maureen BARTLEY, Philomena BENT, Carmen & Mario BIFFA, Therese BRODERICK-TAYLOR, Jacqueline CAMERON, Conception CAPIENDO, Gary FERNANDEZ, Frances CARUANA, Gwen CHAMBERS, Sr Gail COLQUHOUN, Paul DWYER, Jean-Marie & Marie-Claude FREDERIC, Edward GALEA, Louise GRECH, Catherine HART, Maureen JACKSON, Eden & Ninoy JUCO, John KNIGHT, Nabil LABBAD, Francis LLOYD GOULD, Marie MELITO, Kathleen MORRISSEY, Deidre MURRAY, Elsie NONEY, Pamela PEARSON, Marie PURCELL, Gloria ROBERTS, Aida SADSAD, Antonia SCHEMBRI, Mary SIMMONS, Vivienne & Marian STEWART, Anthony & Natalina TEUMA, Raymond TOGHILL, Margaret TSENG, John VAIFALE, Rita VAUGHN, Augustina & Margaret VELLA, Sesilia VAVE, Aida WALCOTT & Joan WREN.

**Parish & Diocesan News**

**NEW Saturday Reconciliation Time**

From the **17th of February 2024**, the **Saturday reconciliation time** will be from **10:30 to 11:30 am**.

**Fridays of LENT**

On the **Fridays of Lent**, we will have the **Stations of the Cross at 7:30 pm** followed by **Mass**.

**Lenten Reflection Groups**

Sign-up sheets for the Lenten Reflection groups are now available at the entrance of the Church. The **7:00 pm Tuesday sessions** will start on the **13th of February** and **Thursday morning sessions** will start on the **15th of February** after the **9:00 am Mass**.

**ATTENTION! To Everyone Enrolled in the Legacy Program**

We are currently updating the list of everyone who has donated or has pledged to donate to the Legacy Program for the construction of the new meeting rooms and toilets. Please contact or visit the parish office as soon as possible to confirm your enrolment and update your details. Thank you. Email: [parishof@goodshepherd.org.au](mailto:parishof@goodshepherd.org.au); phone: **02 9832 4461**. Thank you.

**The Good Shepherd Junior Choir CD Project**

The **Junior Choir CDs** are still available to purchase at the Parish Office at \$15.00 ea. All proceeds go to support the parish. **Thank you for your support.**

**Project Compassion 2024**

Please take home a Project Compassion box or a set of donation envelopes to support Caritas Australia this Lenten season and help support vulnerable people around the world, now and **for all future generations**. With your support, Caritas Australia has been able to support vulnerable communities around the world to tackle poverty, food security, education, water and sanitation and disaster risk reduction to build a better future for all. Together, we can help vulnerable communities face their challenges today and build a better tomorrow **for all future generations**. **Project Compassion donation boxes and envelopes are available at the entrance of the Church.** You can also donate by visiting [caritas.org.au/project-compassion](http://caritas.org.au/project-compassion) or by calling 1800 024 413.

**Diocesan World Day of the Sick Mass: 10 February**

A Mass for the World Day of the Sick, including the Sacrament of the Anointing of the Sick, will be held at **11:00 am on Saturday 10 February 2024 at St Patrick’s Church, Mary, Queen of the Family Parish, Blacktown**. All are welcome, including those who may be sick, and those who care for the sick and dying and health care professionals. RSVPs are required by 6 February 2024 to [mary.gale@parracatholic.org](mailto:mary.gale@parracatholic.org)

**PASTORAL NOTES**

- **Lent begins on Wednesday (Ash Wednesday)**
- **Ash Wednesday and Good Friday are days of fast and abstinence. The law of fasting binds those who have completed their eighteenth year, until the beginning of their sixtieth year; the law of abstinence binds those who have completed their fourteenth year.**
- **Catholics are obliged to receive Holy Communion at least once a year, in Australia and New Zealand between Ash Wednesday and Trinity Sunday**