

Readings for next weekend — Sixth Sunday in Ordinary Time
1st reading: Ecclesiasticus 15:15-20; 2nd reading: 1 Corinthians 2:6-10; Gospel: Matthew 5:17-37

Lenten Program 2026 “Compassio”.

From the earliest days of the Church communities gathered for teaching, fellowship, the breaking of bread (Eucharist), and prayer (Acts 2:42). Meeting together allows us to encounter God through one another as we listen and share our faith. During Lent – when the Church invites us to journey with Jesus towards the Cross – these Little groups become companions on the way. We are not alone in this journey.

Groups should meet before each Sunday of Lent, beginning the week of Ash Wednesday (February 18th). There are six sessions each about 90 minutes in length.

This year’s program offers two complementary ways of praying the Sunday scriptures. Fr. Joshua Whitehead (Wollongong) provides a Gospel reflection that opens the meaning of the text and invites participants to encounter Jesus in daily life. Each reflection is followed by discussion questions encouraging sharing and conversation.

Therese Mills (Missionary of God’s Love) offers a different form of engagement – a guided Spiritual direction experience. Her reflections invite contemplative prayer, imaginative listening, and openness to God’s presence in the heart.

Bishop Brian Mascord (Wollongong) writes: “As you enter Lent, whether alone or in a group, I encourage you to engage with these reflections openly and courageously. Allow Christ to walk with you, to share your burdens, and to draw you into great compassion for others.”

— Fr Gerard O’Dempsey OFM Cap

Parish & Diocesan News continued

Diocesan World Day of the Sick: February 11th

A Mass for the World Day of the Sick, including the Sacrament of the Anointing of the Sick, will be held at 11:00am on Wednesday February 11th 2026 at St Patrick’s Church, Mary, Queen of the Family Parish, Blacktown. All are welcome, including those who may be sick, and those who care for the sick and dying and health care professionals.

To register, please visit parracatholic.org/events/diocesan-world-day-of-the-sick-mass/

Parish Registration

If you are a new parishioner, we ask you to complete a registration form. If you have not yet filled out a registration form, please do so as soon as possible and return it to the Church or parish office. Forms are available at the entrance of the Church.

How to Support Our Parish Family Financially

If you would like to become an envelope subscriber please contact the parish office. We would also invite you to consider your level of giving. For people wishing to contribute by direct debit – forms are available from the parish office. You can also setup your own internet banking recurring payments to the following account:

BSB: 067 950 Account Number: 00000495
Account Name: Plumpton Catholic Parish Church

- Tap & go machines are available for people to use. These are in the Church.
- Those who wish to donate to the Capuchin Friars (Priests), please make the recurring payments to the following account:

BSB: 062-410 Account Number: 10136478
Account name: Capuchin Franciscan Friars



Phone: 02 9832 4461
After hours emergency #: 0493 969 440
Email: parishof@goodshepherd.org.au



The Good Shepherd Parish Plumpton

Or visit our website:
www.goodshepherd.org.au

New Parish Projects—Meeting room and

Additional Toilets 06/02/2026

Donations	\$30,780.00
Raffle tickets	\$12,104.00
Legacy Donation	\$46,000.00
Total Amount	\$88,884.00
Revised Target Amount	\$100,000.00

THE PARISH OF
THE GOOD SHEPHERD

130-136 Hyatts Road, Plumpton NSW 2761
Celebrating Our 37th Anniversary

Parish Vision:
a place where all people are welcomed...
a place where the gifts of the Holy Spirit are put to use...
a place where people are empowered to live the good news of Jesus.

Weddings
Please call the Parish office for appointment.
Arrangements should be made at least 12 months in advance.

Holy Communion for the Sick
Please call the parish office for date and time.

Anointing of the Sick
Please call the parish office to book a time and date.

Baptisms
Parents and godparents must attend a Pre-Baptism Seminar prior to scheduling the Baptism. The seminar is offered once a month on the 4th Sunday at 2:00 pm in the Parish meeting room.
Please collect registration form from the Parish office. Baptism dates will be booked after attending the seminar.

5th Sunday in Ordinary Time (Year A) 08 February 2026

1st Reading: Isaiah 58:7-10 2nd Reading: 1 Corinthians 2:1-5
Gospel Reading: Matthew 5:13-16

Entrance Antiphon: O come, let us worship God
and bow low before the God who made us,
for he is the Lord our God.

Responsorial Psalm: A light rises in the darkness for the upright.

GOSPEL Acclamation: Alleluia, alleluia!
I am the light of the world, says the Lord;
the man who follows me will have the light of life.
Alleluia!

Communion Antiphon: Let them thank the Lord for his mercy,
his wonders for the children of men,
for he satisfies the thirsty soul,
and the hungry he fills with good things.

Acknowledgement
We show our respect and acknowledge the Traditional Custodians of the Darug Country, Elders past, present and emerging, and extend that respect to all other Aboriginal and Torres Strait Islander People.

Parish Team:

Parish Priest	Fr Gerard O'Dempsey OFM Cap
Assistant Parish Priest	Fr John Nguyen OFM Cap
Business Manager	Mr Owens Reyes
Parish Musical Director	Mr Jacob Wielgosz
Parish Social Media Officer	Miss Catrina Bautista
Parish Council Chairperson	Mr Anthony Matthews
RCIA Co-ordinator	Mr & Mrs Bernie & Yeng Banta
Sacramental Co-ordinator	Mrs Priscilla Corpuz
Parish SRE Co-ordinator	Ms Therese Fuller
Finance & Bingo Operator	Mr Romy Balite
Safeguarding Champion	Mr Joseph Fenech

Daily MASS Times

Mon/Tue/Fri 9:00 am
Wednesday 9:00 am & 7:30 pm
Thursday 9:00 am & **7:00 pm (Vietnamese)**
First Friday 7:30 pm (with Adoration)
Saturday 8:00 am

Weekend MASS Times

Saturday Vigil 6:00 pm
Sunday 7:00 am, 9:00 am & 6:00 pm
12:00 pm **(Vietnamese)**
Spanish Mass Every 2nd Saturday of each month 7:30 pm

Reconciliation (Confession)

Saturday 10:30 to 11:30 am

Kindly ring Parish Office to book for other times during the week.

Baptism Seminar

The next seminar will be held on the **22nd of February 2026 at 2:00 pm** in the **Parish meeting room**. Please bring a copy of your child's **birth certificate**.

Parish Based Youth Group – Antioch

Young people are empowered & nourished in their spiritual Journey and leadership. We have a youth group meeting every Sunday at 7:30 pm. We invite the youth for "Come and See" experience.

"Continue to walk in the faith and, faithful to the mandate that has been entrusted to you, go out with solicitude and joy toward all creatures and pass on to them the gifts of salvation... Let yourselves be guided by the Holy Spirit to be the leaven of new life, salt of the earth and light of the world. "

— Pope Benedict XVI

Please remember those for whom prayers have been requested

Death Anniversaries / In Memoriam: Anna, Joseph, Amy D'Souza Albert, John Apap, Arman Barcelon, Avelina & Felomina Cabalar, Angelica dela Paz, Ricky Del Rosario, Edmund D'Souza, Natalie Gatti, John Lardizabal, Falaniko Leo, Eloida Mariano, Virginia Mercado, Brandon Meurling, Francis McCarthy, Nelia Palomo, Norma Raposas, Elise Rozario, Sr Bernie Silva, Cyril Silva, Joey Villadolid, Corsino Zaragoza and all the holy souls in purgatory

Healing / Good Health: Mark, Michael, Harvey Almeida, Anita Ayson-DeVera, Celine Cosme, Mila Dadat, Lionel Joseph Dado, Ann Gonsalvez, Gliceria Manalang, Anne Miller, Peter Nathan, Jake Neria, Maria Perez, Michelle Reyes, Diana Rodriguez, Elijah, Ethan & Rayan Walter

Anniversary / Birthday / Thanksgiving: Fr Matthew Dimian and Carlton Jane

We also remember in our prayers our housebound brothers & sisters

Belenor & Julian AGUILAR, John ANGEL, Mafalda ARACO, Raylina AURE, Christine BAPTISTE, Doris & John BARRETT, Margaret BIEDRZYCKA, Joseph BUTTIGIEG, Jacqueline CAMERON, Conception CAPIENDO, Anthony CARRUNA, Frances CARUANA, George CASSAR, Gwen & Robert CHAMBERS, Rita CLEARY, Clare DONOHOE, Matthew DORRAN, Paul DWYER, Mario FARRUGIA, Wayne & Audrey FERNANDEZ, Jean-Marie & Marie-Claude FREDERIC, Fololetina FRETTON, Louise GRECH, Alamita HALA, Eden & Ninoy JUCO, John KNIGHT, Maureen KNIGHT, Nabil LABBAD, Malia LAVALU, Lima LEO, Francis LLOYD GOULD, Gwenda MCCARTHY, Rita & Victor MELI, Teresa MESSIANA, Anne MILLER, Kathleen MORRISSEY, Deidre MURRAY, Mary MUSCAT, Elsie NONEY, Pamela PEARSON, Marie PURCELL, Melecia REA, Gloria ROBERTS, Lilly SHAHOUD, Mary SIMMONS, Marian STEWART, Vivienne STEWART, Anthony & Natalina TEUMA, Raymond TOGHILL, Margaret TSENG, John VAIFALE, Sesilia VAVE, Augustina VELLA, Russell & Mary WICKRAMASINGHE and Joan WREN.

Parish & Diocesan News

Lenten Gospel Reflection Groups

Why not gather a group of your friends and form a group, call the parish office for more details and for the ordering of books and CD.

Fundraising Project to help the building construction of Holy Rosary Church, Waga, Sri Lanka

A fundraiser will be held on **Sunday 8th February after the 9.00am Mass** and **Saturday 14th February after 6.00pm Mass** to raise funds for the building construction of Holy Rosary Church in Waga, Sri Lanka. Please check the **noticeboard for further information** or contact **Moira on 0408 869 114**.

Rosary Making Workshops

Come along for a fun evening of community and crafting rosary beads that will then be donated to the sick and dying in hospitals across our Diocese. The craft evening will be held on the following days:

- Monday February 9th at the Bishop Bede Heather Centre, Blacktown, from 7.00pm.
- Thursday February 26th at St Nicholas of Myra Parish, Penrith, from 7.00pm.
- Saturday March 7th at Holy Spirit Parish, St Clair-Erskine Park, from 2.00pm.
- Tuesday March 10th at Bishop Bede Heather Centre, Blacktown, from 7.00pm.

Costs are \$5.00 per person – payable on arrival (includes all materials). To register and for more information, please visit parracatholic.org/rosary-workshops

When should I complete my Safeguarding Training?

All Clergy, employees and volunteers in parish ministry are required by the NSW Children's Guardian Act 2019 to be **current and complete with Safeguarding Training**. Check with your Parish Office when you are due to update your Safeguarding Training.

- If you are new to ministry, you must complete the Introductory Modules 1-3 (Cycle 1).
- If you completed Cycle 1 modules two years ago, you must complete Renewal Modules 4 and 5 (Cycle 2)
- If you renewed your Cycle 2 two years ago, you must complete a Refresher Module 6 (Cycle 3)

Safeguarding Training Modules can always be completed online at:

<https://learning.safeguarding.org.au/>.

Face-to-face training opportunities can be found at:

<https://parracatholic.org/connect/events/?series=safeguarding-training>.

Plastic Tops of Bottles Needed for a Wheelchair

Stella Vella from the St Nicholas Festa Committee is saving the plastic tops of bottles in order to obtain a motorised wheelchair for a disabled person. There will be a box provided on the kitchen veranda (near where the boiling water is served for drinks). It takes a lot of tops to obtain a wheelchair so please help Stella and drop your bottle tops in the box provided.

Coming Events:

- Tuesday February 10th: 9.00am – Good Shepherd School will be joining us at the parish Mass – parking will be tricky! Come early and avoid the chaos.
- Br Isaac returns to Melbourne on Thursday February 12th – we thank him for his wonderful contribution to our parish community over the past month.
- Friday February 13th: 7.00pm – Senior Leadership Team meeting.
- Saturday February 14th: 9.00 to 11.00am – Musicians / choirs workshop in the Church.
 - 7.30pm Y.A.P. meeting in the friary.
- Wednesday February 18th: Ash Wednesday – a Day of fasting (for those aged 18 to 60) and Abstinence from meat (everyone).
 - Project Compassion begins.