

Franciscan Reflection:

Jesus quoted in His Passion, "I am a worm, not a man" (Psalm 22.6). He was like a crimson worm that offered itself as food to its offspring. He is the source of Eucharistic food for us – the Church. St Francis of Assisi had a warm love for worms. He used to pick them up from the road and put them in a safe place so that they would not be crushed by the footsteps of passersby. These simple creatures play a vital part in breaking down food waste into nutrient rich organic fertiliser. Both the Capuchin Friaries in Plumpton and Leichhardt have worm farms. You can own your own (check your local Governments for rebates), admire God's creatures at work but more importantly, be reminded of the work of Jesus on the Cross.

Parish & Diocesan News continued

Marriage Preparation Courses in 2024

Getting married in 2024? Let the Diocese of Parramatta help you prepare. Visit www.parracatholic.org/celebrate/marriage/marriage-preparation to view weekend course dates in the New Year, to book and pay. An online preparation called SmartLoving can also be booked via the website. For more information, email marriage@parracatholic.org or Marisa on 0412 280 017.

Free English and Citizenship Classes

Catholic Care Western Sydney and the Blue Mountains are offering English and Citizenship classes at Mamre House, 181 Mamre Rd, Orchard Hills, on a Tuesday and Wednesday from 10am to 2pm during school terms. Free childcare is available. If you are interested in enrolling, please contact Mamre Crèche on (02) 8843 2506 or Nepean Community College (02) 4724 9000.

Get your feed on the Soul Food Podcast

Do you find life & faith inspiration by listening to the experiences of others? The Mission Enhancement Team's Soul Food Podcast features life & faith stories of people from our diocesan family. Listen now for FREE via our website: www.parracatholic.org/resources/soul-food

Parish Registration

If you are a new parishioner, we ask you to complete a registration form. If you have not yet filled out a registration form, please do so as soon as possible and return it to the church or parish office. Forms are available at the entrance of the church.

How to Support Our Parish Family Financially

Parish Envelopes for the new financial year are available for subscribers to collect from the Entrance of the church. If you would like to become an envelope subscriber please contact the parish office. We would also invite you to consider your level of giving. People wishing to contribute by direct debit – forms are available from the parish office. You can setup your own internet banking recurring payment to:

BSB: 067 950 Account Number: 00000495

Account Name: Plumpton Catholic Parish Church

- Tap & go machines are available for people to use. These are in the Church.
- Those who wish to donate to the Capuchin Friars (Priests), please make the recurring payments to the following account:

BSB: 062-410 Account Number: 10136478

Account name: Capuchin Franciscan Friars



Phone: 02 9832 4461

After hours emergency #: 0493 969 440

Email: parishof@goodshepherd.org.au



The Good Shepherd Parish Plumpton

Or visit our website:

www.goodshepherd.org.au

New Parish Projects—Meeting room and Additional Toilets 02/08/2024

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|-----------------------|--------------|
| Donations | \$21,196.00 |
| Raffle tickets | \$12,104.00 |
| Legacy Donation | \$43,000.00 |
| Total Amount | \$76,300.00 |
| Revised Target Amount | \$100,000.00 |

THE PARISH OF THE GOOD SHEPHERD

Celebrating Our 35th Anniversary

130-136 Hyatts Road, Plumpton NSW 2761

Weddings

Please call the Parish office for appointment. Arrangements should be made at least 6 months in advance.

Holy Communion for the Sick

Please call the parish office for date and time.

Anointing of the Sick

Please call the parish office to book a time and date.

Baptisms

Parents and Godparents (2) must attend a Pre-Baptism Seminar prior to scheduling the Baptism. The seminar is offered once a month on the 4th Sunday in the Parish meeting room.

Please collect registration form from the Parish office. Baptism dates will be booked after attending the seminar.

18th Sunday in Ordinary Time (Year B)

04 August 2024

1st Reading: Exodus 16:2-4,12-15 **2nd Reading:** Ephesians 4:17,20-24

Gospel Reading: John 6:24-35

Entrance Antiphon: O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.

Responsorial Psalm: The Lord gave them bread from heaven.

GOSPEL Acclamation: Alleluia, alleluia!
No one lives on bread alone,
but on every word that comes from the mouth of God.
Alleluia!

Communion Antiphon: You have given us, O Lord, bread from heaven,
endowed with all delights and sweetness in every taste.

Acknowledgement

We show our respect and acknowledge the Traditional Custodians of the Darug Country, Elders past, present and emerging, and extend that respect to all other Aboriginal and Torres Strait Islander People.

Parish Team:

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|----------------------------|---------------------------------|
| Parish Priest | Fr Gerard O'Dempsey OFM Cap |
| Assistant Parish Priest | Fr John Nguyen OFM Cap |
| Business Manager | Mr Owens Reyes |
| Parish Musical Director | Mr Jacob Wielgosz |
| Parish Council Chairperson | Mr Anthony Matthews |
| RCIA Co-ordinator | Mr & Mrs Bernie & Yeng Banta |
| Sacramental Co-ordinator | Mrs Priscilla Corpuz |
| Parish SRE Co-ordinator | Ms Therese Fuller |
| Finance & Bingo Operator | Mr Romy Balite |
| Safeguarding Champion | Mr Joseph Fenech |

Daily MASS Times

Mon/Tue/Fri 9:00 am
Wednesday 9:00 am & 7:30 pm
Thursday 9:00 am & 7:00 pm (**Vietnamese**)
Saturday 8:00 am

Weekend MASS Times

Saturday Vigil 6:00 pm
Sunday 7:00 am, 9:00 am & 6:00 pm
12:00 pm (**Vietnamese**)
Spanish Mass Every 2nd Saturday of each month 7:30 pm

Reconciliation (Confession)

Saturday 10:30 to 11:30 am
Kindly ring Parish Office to book for other times during the week.

Baptism Seminar

The next seminar will be held on the **25th of August 2024 at 2:00 pm** in the **parish meeting room**. Please bring a copy of your child's **birth certificate**.

Parish Based Youth Group – Antioch

Young people are empowered and nourished in their spiritual Journey and leadership. We have a youth group meeting every Sunday at 7:30 pm. We invite the youth for "Come and See" experience.

"The life of a family is filled with beautiful moments: rest, meals together, walks in the park or the countryside, visits to grandparents or to a sick person... But if love is missing, joy is missing, nothing is fun. Jesus always gives us that love: he is its endless source. In the sacrament he gives us his word and he gives us the bread of life, so that our joy may be complete." — Pope Francis

Please remember those for whom prayers have been requested

Death Anniversaries / In Memoriam: Rosario Almonte, Remy Barden, Melvin Roy Corpuz, Myrtle Daisy Fernandez, Cayetano Flestado, Piting Mercado, Consuelo Pacheco, Socrates Ramirez, Edmund & Margaret D'Souza, Susana Suasin, Aurora Villabroza, Felix Villamarin Sr, Maria Ilona Very and all souls in purgatory

Healing / Good Health: Ginette, Julian Aguilar, Lionel Joseph Dado, Gia Dinh, Brendon D'Souza, Erlinda Escueta, Franklyn Foenander, Jasmin & Liberty Ladios and Karen Laosantos

Birthday / Thanksgiving: Almeida family, Tandoc family, Ignasio De Castro and Olivia Nasio

We also remember in our prayers our housebound brothers & sisters

John ANGEL, Raylina AURE, Christine BAPTISTE, Doris & John BARRETT, Maureen BARTLEY, Philomena BENT, Joseph BUTTIGIGE, Jacqueline CAMERON, Conception CAPIENDO, Frances CARUANA, Gwen & Robert CHAMBERS, Sr Gail COLQUHOUN, Clare DONOHOE, Paul DWYER, Wayne & Audrey FERNANDEZ, Jean-Marie & Marie-Claude FREDERIC, Foleletina FRETTON, Louise GRECH, Catherine HART, Eden & Ninoy JUCO, John KNIGHT, Nabil LABBAD, Francis LLOYD GOULD, Kathleen MORRISSEY, Deidre MURRAY, Elsie NONEY, Pamela PEARSON, Marie PURCELL, Gloria ROBERTS, Antonia SCHEMBRI, Mary SIMMONS, Vivienne & Marian STEWART, Anthony & Natalina TEUMA, Mary THEVATHASAN, Raymond TOGHILL, Margaret TSENG, John VAIFALE, Rita VAUGHN, Sesilia VAVE, Sione VEA, Augustina & Margaret VELLA, Aida WALCOTT, Russell & Mary WICKRAMASINGHE and Joan WREN.

Parish & Diocesan News

Antioch Outreach Weekend 23 to 25 August

The Antioch Youth Group Plumpton is inviting all youths aged 16 to 26 to join their 2024 Outreach Weekend at the **Good Shepherd Primary School** starting **6:30 pm Friday 23 August** until **9:00 pm Sunday 25 August**. It will be a weekend full of talks, music, games, bonding, food, Mass and quiet reflection with God. Cost is \$50.00 per person. For more information or to register please contact the weekend leaders **Elise 0410 750 210** or **James 0490 859 741**.

The Retreat in Daily Life begins Monday 12 August

The retreat gives us the opportunity to draw closer to God, in our own time, with some suggested resources and information, over a month. The commitment: 15 – 60 mins each day within your own home, at your own pace. The **initial gathering** will be at the **Good Shepherd Parish meeting room, at 10:00 am on Monday 12 August**. If you cannot come to the first gathering, you can still join in the retreat. Please contact Sr Colleen Foley 0431 917 468 or Sr Pia Galea 0423 656 444 email pgalea7@hotmail.com.

RCIA Catholic Inquiry Nights

Catholic Inquiry nights are held in the **Parish Meeting Room** every **Monday at 7:30 pm**. This is for anyone who wants to know more about the Catholic faith or anyone interested in becoming a Catholic.

Launch of the Diocesan Pastoral Plan for a Synodal Church

The Diocese of Parramatta is excited to announce that the launch and release of the Diocesan Pastoral Plan for a Synodal Church is only 2 weeks away, on Saturday 10 August. The pastoral plan represents the culmination of our Synod journey, where we have come together to listen, discern, and envision a path forward for our diocese over the past 15 months. For more information, please visit parracatholic.org/synodality.

Safeguarding Face-to-face Training Opportunities

The next session of face-to-face Mandatory Safeguarding Training will be held on Saturday 17 August at **St Madeleine Sophie Barat Parish, Kenthurst, for Modules 4-5**. More training opportunities will be available throughout August and September. Please register directly for this training or for other convenient dates and locations by clicking on the training event at: <https://parracatholic.org/connect/events/?series=safeguarding-training>. For more information, please email: safeguardingtraining@parracatholic.org

Get #Active4Vocations in the City2Surf on Sunday 11 August

Are you up for fun, fitness, and fellowship? Join the Parramatta Catholic Foundation #Active4Vocations team. Walk, stroll, jog, or run with our Holy Spirit seminarians, deacons, priests, and community. Funds raised support our Diocese's seminarians to become priests. Scan the QR code or visit tinyurl.com/Active4Vocations to register or donate.



Altar Servers Needed!

The Good Shepherd Parish is in need of Altar Servers for the weekend Masses. If your child has received their First Holy Communion and would like to join the Altar Servers' ministry, **please contact** the parish office on **02 9832 4461** or email parishof@goodshepherd.org.au.